

Drama Therapy

Groups, dyads, and individuals ~ Ages 5 and up
~ Wednesdays & Thursdays ~

Mecca Burns, MA, RDT-BCT ~ Registered Board-Certified Drama Therapist



As they **invent games** and build **dramatic storylines** together, children are motivated to negotiate play that is safe, fair and **fun**.

Once engaged in a scenario, they can help determine the outcome by experimenting with various choices—-as the **characters in the story**.

They learn not only **what to do** in real life situations, but **how**—- and **why**. In the process, they develop empathy, imagination, cognitive flexibility, social reciprocity, and enjoyment of co-creative play.

At: Poehailos, Dupont & Associates, PLC

887 B Rio East Court, Charlottesville, VA 22901 (434) 220-4686